

# KIA MŌHIO KOE: METHAMPHETAMINE

Ahakoia kahore whakamahi ko haumarū, te whakamahi i enei ataata ki te tūhura i te meka i mua i te matapaki kōwhiringa

KIA MŌHIO KOE.....  
HE TINO RONGONUI I TE  
METHAMPHETAMINE HURI  
NOA I AOTEAROA! KO  
TE IRAKATI ONO ORAU O  
NGĀ TAOHI KUA KAINGIA  
TĒRA TARUKINO ME TE  
MEA ANŌ, HAURUA MAI KI  
TĒRA I MAHIA KUA KOTAHI  
TAIMA.

KI ĒTAHI E MAHIA  
ANA MI TE  
WHAKATAU ATU E  
NGĀ RARURARU.

ENGARI HE NUI  
RAW ATE UTUNGA  
TŌNA!

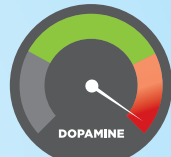
HE RONGOA WHAKAKORI  
E TE METHAMPHETAMINE.

## ME PEHEA TE MAHI I TE REIRA

KIA WHAKĀTERE TE TINANA ME TE  
WHAIHUA I ROTO I TE RORO.

KIA TAŪ TE WAIRUA PAI E TE TĀNGATA I  
Ā IA E KAI ANA, I TE WĀ WHAKAHOAHOA  
ANŌ HOKI.

E TŪ WHAKAHIHI ME TE TŪ MAIA TE  
TĀNGATA KO TĒTAHI RANGONA MĀ TE  
PUTUNGA O DOPAMINE.



WHAKATŪPATO

KAHORE E NOHO ROA ANA TĒNEI NĀ  
KĀTAHI KA TAKA MARIKA E TE KINO KI  
HIAKAI ANŌ MŌNA.

E PUKANA ANA NGĀ WHATŪ, KO TE KIRI  
HAEHAE ME TE KAKAMA HAERE O TE KORERO  
ĒTAHI TOHU O TE KAI METHAMPHETAMINE.

ME WHAKAMAHIA ROA  
RAWA TE TĀNGATA I TE  
METHAMPHETAMINE, KA  
MOEMOEĀ, KIA NOHO PUKU  
ME TE KAHĀ HIAHIA KI TE  
WHAWHAHĀ!

KIA WHAKAPĒHI ANŌ HOKI  
E IA KI TE WHAKAARO TĪKA,  
KI TE MALMAHARA KI TE  
AKO HOKI.



NĀ TE MAHI TOHATOHA  
O NGĀ TAPUTAPU, KA  
HORAPA HAERETIA AI  
TE MĀUIUITANGA.



NŌ REIRA, ME TŪ! ME  
WHAKAARO!

- KO AHAU TĒNEI?
- ME PĒHEA TAKU MAHI E  
HEI WHAKAAWENGA TE  
MINING?
- ME TE MEA ANŌ...  
TIAKINA O HOA



E HIAHIA ANA KI TE KITEA TE TĀUTOKO  
MO TE TĀNGATA TAITAMARIKI I ROTO I  
AOTEAROA? KARANGATIA TE ALCOHOL  
ME DRUG HELPLINE KI RUNGA KI  
**0800 787 797**

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AT THE HEART  
OF THE MATTER.  
THE DRUG  
FOUNDATION  
Te Whānau Raukiri

